- **1. PROJECT TITLE:** Prohibition of Sex Selection and Pre-Birth Elimination of Females (Awareness towards PC-PNDT Act) under the project "SHRINKHALA".
- 2. VISION OF PROJECT SHRINKHALA: Our vision is to spread awareness of PC-PNDT Act both in urban and rural areas of the state .People are quite unaware that there is a low to check and punish those who are involved in foeticide. We want to organise and make a chain of youth (Youth Club)' Shrinkhala' which will spread the message of PC-PNDT Act both in rural and urban areas of the state.
- 3. MISSION: Who can prevent it? You!!

 Each one of us has the capacity to prevent foeticide where ever we are. So, join us in our Shrinkhala Project. Let each one of us light our own candle. And then there will be no darkness.......
- 4. TARGET GROUP: Any attempt to change prevalent practices, customs or concepts in society, can best be achieved by involving the youth. You can become the catalysts of change. If we want to stop female foeticide, then we should make our youth aware of the negative aspects of female foeticide and about the PC-PNDT Act.

 That is why our target group in the project 'Shrinkhala' is our youth generation in the age group of 18 years to 25 years because they are the future couples in urban areas and probably already married in rural areas.
- 5. PROBLEMS: The problem of female foeticide is of increasing concern demanding immediate attention and action. Female sex ratio is on continuous decline. Censes of 2001 has shown a ratio of 927 girls per 1000 boys. Uttarakhand is having a ratio of 908 girls per 1000 boys, which shows the pitiable condition of women. This feeling for son preference not only leads to problems in marital life of couples, it sometimes also takes the form of estrangement or divorce. Health of the women concerned degrades as a result of the excessive stress faced by her. This has lead to increase in physical, social, psychological, emotional and mental problems that may take worse forms in future. If we wish to save our future it is important that effective steps are taken now, by spreading awareness towards PC-PNDT Act and hence curbing this evil practice of female foeticide.
- 6. OBJECTIVES OF THE PROGRAMME: Our vision is to spread awareness of PC-PNDT Act both in urban and rural areas of the state. People specially our youth are quite unaware that there is a law to check and punish those who are involved in female feticide. We want to organize and make a chain of youth "SRINKHALA" (youth club) who will spread the message of PC-PNDT Act both in rural and urban areas of the state.
 - To create awareness about PC-PNDT Act.
 - To create awareness about the importance of Birth Registration.
 - To educate volunteers about the negative effect of Female feticide.
 - Youth club "SHRINKHALA" in each district.

7. Child Sex Ration (0-6 Years)

S.N.	State/District	1991	2001	Total Change
	Uttarakhand	949	908	-41
1.	Pithauragarh	964	902	-62
2.	Garhwal	986	930	-56
3.	Dehradun	944	894	-50
4.	Haridwar	908	862	-46
5.	Tehri Garhwal	970	927	-43
6.	Almora	969	933	-36
7.	Nainital	945	910	-35
8.	Chamoli	966	935	-31
9.	Rudraprayag	984	953	-31
10.	Udham Singh Nagar	943	913	-30
11.	Champawat	962	934	-28
12.	Uttarkashi	957	942	-15
13.	Bageshwae	938	930	-8